

# Veterinary Prescription Allergy Diets for Dogs:

When switching to an allergy diet, all of the different options can be overwhelming. Below is a list of some of the most common diets on the market. Please note that we do not have a vested financial interest in any of these foods. They meet the necessary nutrition requirements from AAFCO, adhere to strict quality controls, and employ veterinary nutritionists.

# **Royal Canin Veterinary Diets:**

## Hydrolyzed Protein HP

- Available in dry/canned, adult/puppy, small/large breed, and moderate calorie formulas
- This diet is formulated with hydrolyzed proteins, which are composed of low molecular weight peptides that can be absorbed in the digestive tract with a reduced risk of triggering an immune reaction.
- o Optimal amounts of B vitamins and amino acids reinforce your dog's skin barrier.
- Omega-3 fatty acids EPA and DHA help promote healthy skin and coat.
- An exclusive blend of fibers helps support healthy digestion in dogs prone to digestive upsets, including diarrhea.

### Skintopic

- Available in dry/canned, small/large breed formulas
- Royal Canin Skintopic Adult Dry Dog Food helps promote skin health in dogs with environmental sensitivities.
- Dogs with sensitivities to environmental irritants may show dermatological and gastrointestinal signs. Environmental irritants can negatively impact a dog's behavior and quality of life.
- This long-term diet can help reinforce the skin barrier and promote a strong immune system.
- Targeted nutrition for your dog with a unique blend of nutrients (Dermauxilium Complex) with antioxidants, including vitamins A and E; minerals; and biotin to support skin quality and coat health.
- Plus, this dog food helps soothe and nourish skin and supports healthy digestion.

#### Ultamino

- Available in a dry formula
- Royal Canin Veterinary Diet Ultamino Dry Dog Food is an innovative diet formulated as a nutritional solution for pets with severe food sensitivities.

- Clinically proven and highly palatable formula contains a protein source that is broken down to an amino acid level, so it can be absorbed in the digestive tract with reduced risk of triggering a food sensitivity.
- o Optimal amounts of B vitamins and amino acids reinforce your dog's skin barrier.
- Omega-3 fatty acids EPA and DHA help promote healthy skin and coat.
- An exclusive blend of fibers helps support healthy digestion in dogs prone to digestive upsets, including diarrhea

## Hill's Prescription Diets:

#### z/d Skin/Food Sensitivities

- Available in dry/canned, large/small breed, and low fat diets
- Helps improve your dog's digestion and stool quality with highly hydrolyzed protein.
- Helps eliminate food-related causes of skin irritation and results in a visible improvement of the skin and coat.
- o Helps maintain a healthy skin barrier and enriched with essential fatty acid.
- Clinically proven antioxidants are added for optimal health benefits, plus it's developed with a single carbohydrate source—cornstarch.
- Plus, with the S+OXSHIELD seal of confidence, the Skin/Food Sensitivities formula meets specific nutrient standards shown to promote a urinary environment that helps reduce the risk of struvite and calcium oxalate crystals.

#### d/d Skin/Food Sensitivities

- Available in dry/canned formulas
- Multiple flavors: potato/venison, potato/duck, potato/salmon
- Highly digestible single intact animal protein source and single carbohydrate source to help avoid common food sensitivities in a gluten-free formula
- High levels of omega-6 and omega-3 fatty acids that help nourish the skin and coat
- Combination of clinically proven antioxidants helps maintain a healthy immune system and skin barrier function
- Four different novel protein sources to provide more choices in managing food sensitivity
- Helps improve digestion and stool quality with visible improvements in the skin and coat

#### • Derm Complete

- Dry food is available in adult and puppy formulas; canned adult food also available
- May help show visible skin improvement in dogs with food sensitivities.
- o May help improve night-time scratching and improve sleep quality in some dogs.
- Helps support the skin barrier year-round against environmental irritants.
- Contains a single animal protein source.

Bioactives and phytonutrients can help normalize immune response.

## Purina Pro Plan Veterinary Diets:

- HA Hydrolyzed Dog Food
  - Available in dry/canned formulas
  - o Dry Flavors available: chicken, salmon, vegetarian
  - o Canned flavor chicken
  - Features hydrolyzed proteins—these proteins have been broken down into small components to be less likely to cause an adverse food reaction in certain dogs.
  - Provides a single source of carbohydrates and high-quality proteins.
  - Highly digestible formula promotes optimal nutrient absorption.
  - Suited for dogs with food allergic gastroenteritis or dermatitis, food intolerance, inflammatory bowel disease or pancreatitis.
  - Contains coconut oil, a source of medium-chain triglycerides, to promote alertness and mental sharpness in dogs ages seven and older.

## • DRM Dermatologic Management Naturals

- Available as a dry, adult formula
- Sensitive skin formula supports skin and coat health.
- Omega-3 and omega-6 fatty acids support skin and coat health.
- o Natural kibble with added vitamins, minerals, and nutrients is easy to digest.
- Free of corn, wheat, or artificial colors and flavors.
- Rich in antioxidants for immune support, plus vitamin E

# Blue Buffalo Natural Veterinary Diets:

- NP Novel Protein Alligator Dry Dog food
  - This Blue Buffalo dry dog food is made with real deboned alligator as the #1 ingredient.
  - Formulated for dogs with special dietary needs, this prescription-only dry dog food is packed with nutrition and flavor.
  - Ideal for dogs with food sensitivities, this recipe features a novel protein plus essential vitamins and minerals.
  - Contains no chicken or poultry by-product meals.